



TAG | Rise Up

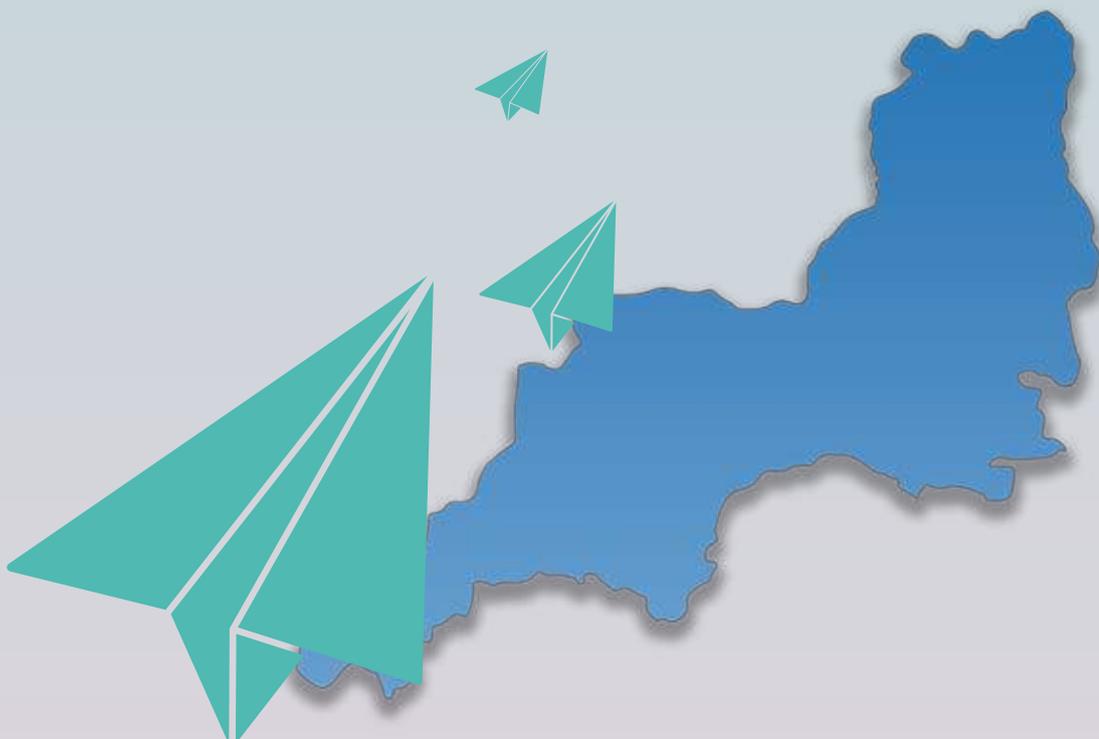
TAG

Transforming a Generation

TAG is a movement of young people across the South West, with the heart to mobilise young people to become pioneers of change.

In order to fulfil this vision, we believe that Jesus shows us how to achieve this through discipleship; discipleship that teaches, demonstrates and releases. We believe young people are called to be missional in all aspects of life. This is expressed as authentic young people living for Jesus wherever they are in their homes, schools, colleges, work, universities and beyond. Equipped with the transforming hope and message of Jesus, TAG calls out the potential in each young person and releases them to be pioneers of change in their day to day lives.

TAG resources are developed by SWYM and are aimed at Christian young people.



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TAG: Rise Up is a TAG resource aimed at young people aged 11 to 17.

TAG: Rise Up is a year long programme that is specifically designed to help young people understand that they are a person of influence and that they have unique opportunities to make a credible difference where they are.

Although many young people would not consider themselves to be leaders, this programme helps them understand that they have an incredible amount of influence - whether this is at school, college, with their mates, at home with their family, playing sport or other activities. And from this place of influence, they have the opportunity to be leaders. TAG: Rise Up is a year that helps young people to grow in faith, character and leadership.



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Discipleship & Mentoring

Often we look to church leadership to disciple and mentor our young people or even ourselves. At SWYM, we want to change this and try and get closer to the model of discipleship Jesus used by empowering those around him to be spiritual mothers and fathers to others. We don't just want to see youth workers mentoring young people, we want to see grandparents, uncles and aunties, neighbours, old and young, to be mentoring young people. This is why as a SWYM staff team, we all have someone who discipled or mentors us. Many churches agree with this model, some may replicate it formally, others less so. However, many churches are unsure how best to mentor and disciple young people due to practical, safeguarding and culture reasons. This is where we can help!



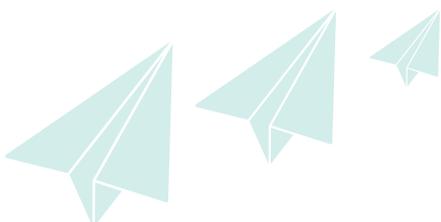
Our aim is to work alongside churches of all denominations and backgrounds to help encourage and inspire mature Christians to disciple, mentor and equip young people in their journey of identifying their influence and leadership potential.



How does it work?

In essence, a young person would sign up to the programme and they are then mentored, usually meeting someone from their church fortnightly. How they are mentored varies from church to church but often takes place in a cafe or other public space, where it is a relaxed and natural environment that encourages a lifestyle of discipleship.

The mentor and young person use our 'Encounter' booklet to explore three themes; Redeemed, Restored and Released. Each theme covers the areas of Faith, Character and Leadership with very practical application to every day life. The booklet also helps the young person to reflect over the past couple of weeks and set aims for the coming weeks.



Hub Days

In addition to the mentoring sessions, SWYM also provide three training days, called 'Hub Days'. These take place on Saturdays where both the young people and mentors receive teaching on three themes of Redeemed, Restored and Released. Hub days are very relaxed, the teaching is packed full of helpful and fun activities, challenging teaching slots, inspiring worship and lots of time building relationship with one another.



Hub days always start the day with worship, and in addition to the teaching, we have lunch together and lots of fun in between! These are fantastic days as not only do the young person and mentor receive quality teaching, but they experience and journey together.

During each Hub Day, the mentors also receive specific training in discipling young people by looking at mentoring key skills. These sessions give plenty of oversight, practical tips and opportunities to ask questions as SWYM recognise that mentors are also on a journey of growth!

Hub Days

Redeemed

The Gospel

Identity

Influence

The Journey of Leadership

Restored

Discipleship

Freedom

Teams

Calling

Released

Witness

Stewardship

Responding to Culture

Your Mission



TAG: Rise Up is a fantastic programme to aid the whole church to speak more into young people's lives, enhancing what your 'youth team' are already doing.

This is an opportunity for both those who are confident speaking with young people and for those who find it hard to naturally come along side the younger generation. Whether you're part of your youth team or whether you have never engaged with young people, this is for you. Through a supportive and safe environment, TAG: Rise Up is a great way to develop a culture of discipleship and mentoring within the church and to help young people intentionally grow in their faith. We often see TAG: Rise Up mentors finding a mentor for themselves after seeing the benefits this discipleship has bought to their young person!

Feedback from past participants

"It's a safe place and I really enjoyed meeting with other young people in a small group meaning everyone is closer together. Teachings were very meaningful and helped me a lot." **YOUNG PERSON**

"I loved knowing that I'm not the only teen Christian out there, and I have definitely come closer to God." **YOUNG PERSON**

"I have [grown in leadership and influence] because I am more confident to tell people my story and what to say to people." **YOUNG PERSON**

"Rise up has been really great for me to get to know how to mentor young people. I started off really feeling quite nervous and unsure about it. But this has really given me some great skills with getting alongside individuals and knowing things to ask and what to do in the sessions. There are lots of great tools and resources to go through with the young people which has been really helpful for me and transformed the relationships I have had with individuals. I highly recommend Rise Up. It is a big blessing for mentoring." **MENTOR**

"Rise Up is a finely developed high quality resource and programme by SWYM to help churches mentor their young people. It's the best thing I've seen for mentoring young people." **DAVE PEGG, Schools Work Leader for Programme for Applied Christian Education (PACE)**