TAG | Young Leaders

TAG YL Workbook

More information at **tag.swym.org.uk**

SWYM
south west youth ministries

How to use this workbook

Welcome to your TAG Young Leaders workbook.

This workbook has been designed to help you get the most out of your TAG Young Leaders journey. It's a place to record what you're learning, reflect on your experiences, and prepare for conversations with your mentor.

Throughout the programme, you can use this workbook to:

- Take notes during TAG sessions.
- Record your monthly challenges and action points.
- Reflect on what God may be teaching you.
- Think about how you are growing as a leader.
- Prepare for mentoring conversations.
- Look back on your journey and celebrate your progress.

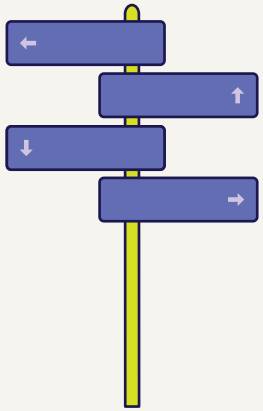
Before each mentoring meeting, take some time to complete the reflection questions. There are no right or wrong answers. The aim is simply to help you think about what you've been learning and experiencing since your last session.

Bring this workbook with you to TAG sessions and mentoring meetings so you can make the most of both.

Remember, leadership is a journey, and this workbook is a tool to help you reflect, grow, and take your next steps with confidence.



The LOOK Framework



THE LOOK FRAMEWORK is a simple way of reflecting on your life, faith, and leadership journey.

Before each mentoring session, you'll be invited to spend a few minutes thinking about four areas:

LOOK BACK
LOOK UP
LOOK IN
LOOK FORWARD

LOOK BACK

Reflect on what has happened since your last mentoring session.
What experiences, successes, challenges, or lessons stand out?

LOOK UP

Consider your relationship with God.
What might God be teaching you? How have you seen Him at work in your life?

LOOK IN

Think about what you are learning about yourself.
What strengths are developing? What challenges are helping you grow? What are you discovering about yourself as a leader?

LOOK FORWARD

Think about what comes next.
What action do you want to take? What would you like to focus on before your next mentoring conversation?

The LOOK Framework isn't about having perfect answers. It's simply a tool to help you reflect, recognise your growth, and have meaningful conversations with your mentor.

Hopes for this year

I hope to lead/serve in...

I hope to learn about...

I hope to grow in...

Session 1 Notes

Session 1 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



Session 2 Notes

Session 2 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



Session 3 Notes

Session 3 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



Session 4 Notes

Session 4 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



Session 5 Notes

Session 5 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



Session 6 Notes

Session 6 Challenge

Pre Mentoring Reflection Space

LOOK BACK

TAG Reflection
What stood out to you from the last TAG session?

Life Reflection
How have things been since the last mentoring session?

LOOK UP

TAG Reflection
What do you think God might have been saying to you through the last session?

Life Reflection
How have you been getting on in your faith recently?

Pre Mentoring Reflection Space

LOOK IN

TAG Reflection
What did that session teach you about yourself as a leader?

Life Reflection
What is something you're learning about yourself at the moment?

LOOK FORWARD

TAG Reflection
What is one thing you want to do as a result of that session?

Life Reflection
What is one thing you would like to focus on before we next meet?

Mentoring Notes



TAG Highlights

This year I've learnt...

My next steps are...

TAG | Conference



Are you coming to TAG Conference?

TAG Conference is an incredible weekend of worship, teaching and community, letting our roots grow down into God so that we build strong healthy lives that will overflow with thankfulness.

With a perfect mixture of fun, food and deep conversations, all in the inspired setting of Lee Abbey.



Find out more:
swym.org.uk/tag



be transformed

This generation desperately needs leaders who are passionate about Jesus and live out their faith in a genuine, contagious way

Discover your calling and make a difference that lasts a lifetime

Find out more about SWYM and apply:
swym.org.uk

TAG Young Leaders

TAG exists to see the Transformation of A Generation through mobilising young people, aged 15-19, across the South West to become pioneers of change.

www.swym.org.uk/tag